



Rachel Troup

Year of call: 2005

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“sharp acquisition of complex technical detail... followed by an unshakeably persuasive delivery in court”

“both compassionate and sharp – a barrister who really listens and whose focus on achieving the right result is second to none”.

Drawing regular praise for her meticulous, “no stone unturned” approach to preparing cases, her superb client care and her incisive and intuitive advocacy, Rachel has a specialist practice in inquiries and investigations, including criminal investigations and enforcement, regulatory law and environmental crime.

Rachel spent 18 months as counsel in the litigation and dispute resolution department of a leading UK commercial firm, where she handled a range of complex commercial disputes. She also led the firm’s regulatory team, advising external corporate and individual clients as well as teams across the firm on all aspects of various regulatory regimes, enforcement proceedings, criminal and quasi-criminal matters.

With her combined experience of commercial, regulatory and criminal law, Rachel is ideally placed to advise and support individuals and corporate clients on all areas where criminal sanctions may be in play and in matters involving compliance, investigations, adjudication, enforcement and prosecutions.

Rachel has been instructed as junior counsel to the Grenfell Tower Inquiry since March 2018.

Areas of expertise

Inquiries

Investigations

Regulatory

Environmental

Environmental crime and enforcement

Investigations

Rachel is an experienced criminal defence barrister with significant expertise in criminal enforcement and in defending across the full range of serious offences. An accomplished and sought-after trial advocate, Rachel also offers comprehensive, pragmatic advice from the earliest stages of any investigation through

to any prosecution and appeal.

In particular, Rachel provides specialist advice and representation to individuals and corporate clients at all stages of investigations and prosecutions involving allegations of fraud and financial crime, bribery and corruption, money laundering and other Proceeds of Crime Act matters. Her experience encompasses pre-charge advice and challenges to search warrants, issues of disclosure, legal professional privilege, PII (Public Interest Immunity) and confiscation.

Qualifications

- BVC (Outstanding), College of Law (2005)
- Diplôme des Etudes Juridiques Françaises
- LLB (Hons) Law with French Law

Additional Information

Professional Associations

- Association of Regulatory & Disciplinary Lawyers
- Criminal Bar Association
- Fraud Lawyers Association
- Women in Criminal Law
- Female Fraud Forum

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